



LESSON PLAN: REFLECTION AND FLOW

Title: T-Team

Grades: 9-12

Medium: Cotton Fabric, Fabric Paint

Author: Tina Reyes, M.A.

Approximate Class Time: 10-12 hours

Sample Results



For more information: www.ArtMeetsFashion.org

[San Diego Visual Arts Network](http://www.SDVAN.net) (Public Charity 501 (c) 3 EIN #205910283)
2487 Montgomery Avenue, Cardiff by the Sea, CA 92007 www.SDVAN.net 760.943.0148 info@sdvisualarts.net



OVERVIEW

The Art Meets Fashion T-Team is comprised of all teenage students. Created to mimic the original Art Meets Fashion Team, Reflection and Flow, the teens will try to emulate a similar project with the help of a professional artist(s), photographer, and fashion designer. Through the lesson plans, field trips, and collaborations with the actual artist from the original team, they will each create an original piece of work showcasing the theme of "Reflection and Flow." The students will explore the various possibilities in which fabric can be used as a canvas to create artwork. They will also be able to see how using material and fabric paint can create the illusion of water, iridescent lighting and wind.

OBJECTIVE

Introduce and educate at risk-teens to the world of art, fashion and photography. Incorporate hands-on and interactive lesson plan where the teens meet and work with a professional artist(s), photographer(s), and fashion designer(s). Provide field trips to museums and/or studios for students to experience art in their proper settings. Teacher(s) establish the Art Meets Fashion T- Team or "teen" team. The students pick a theme (i.e., reflection and flow) for their team and begin brainstorming on how to best highlight that theme through fashion.

Ultimately, one artistic garment per student is created. Students are allowed the opportunity to model their fashion garments at a fashion show (professional or staged in-school), and the experience is documented visually through photographs. Photographs are later enlarged, framed and hung on campus.

MATERIALS

Garments:

Clothing pattern
Scissors
Thread
Sewing machine (or needle and thread if sewing machine is not available)
Fabric paint
Foam brushes
Desired shoes
Hair and make-up team (optional)

Education:

Tickets to Museum(s)
Notepads
Pencils

For more information: www.ArtMeetsFashion.org



Photography:

Camera (can use digital)

Picture Frames

Matting (if applicable)

Nails

Hammer

Photo disk

Photo development

TEACHER PREPARATION

- Prepare a lesson plan on each of the following areas: art history/appreciation, visual arts, and fashion design/fashion industry.
- Invite guest speakers to come to your school to present on a current art or photographic exhibit at a local museum. Provide a field trip to that museum so students can visit the actual exhibit.
- Invite guest speakers to teach students about the visual arts/photography. Provide an opportunity in class for students to practice using a camera (professional or digital). Do the same with local artists/painter and provide time in class for the students to create a collage or painting.
- Purchase tickets or have a fundraiser to raise money for the cost of admission to local museums.
- Meet with local photographers/documenters, artists, and fashion designers and have them speak to your students about their various occupations/careers.
- Provide an opportunity for your students to work with these or other professionals on their project.

PROCEDURES

- Create a mini Art Meets Fashion Teen Team (size of team is up to the teacher)
- Students, teacher, and fashion designer visit a fabric store and select several patterns for their garments.
- Material for the project is selected and purchased.
- Students collaborate with an artist (creative staff/art instructor can be used as well) on how to best showcase their theme and artwork onto the fabric of choice.
- Using dyes and/or fabric paint, the material is transformed into a piece of artwork.
- Students meet with a fashion designer (or Home Economics Teacher) to cut out, sew and create their garment.
- The garments are modeled by the teens in the Art Meets Fashion fashion show.
- A student photographer(s) takes pictures of the fashion show and the models in their creations.
- Pictures are then developed, enlarged and framed by student photographer(s) and displayed on campus.

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TEACHER TIPS

- Pick patterns that are simple and do not require a lot of detail.
- Students make adjustable or one-size fits all garments. Form-fitting garments are discouraged. Accessories such as hats and scarves are used to enhance the artistic themes in the creations.
- Students are used as the fashion models.

VARIATION

- If teachers prefer, the team can work with a Home Economics Teacher instead of a fashion designer to help them sew and create their garments.
- Likewise, instead of using an established artist, a creative staff or art instructor can be used to help the team create, paint or dye their fabric to display their artwork.
- Students can work in pairs to create one garment instead of having each student create their own piece.

CA CONTENT STANDARDS

Artistic Perception

- 1.2 – Discuss a series of original works of art, using the appropriate vocabulary of art.
- 1.4 – Research photographs or artwork displayed at several local museum exhibits.
- 1.5 – Compare how distortion is used in photography or video with how the artist uses distortion in painting or sculpture.
- 1.6 – Describe the use of the elements of art to express mood in the artwork created and displayed on the fabric.

Creative Expression

- 2.1 – Create original works of art on material and on film to reflect feelings and points of view.
- 2.2 – Plan and create works of art that reflect ideas, such as distortion, color theory, arbitrary color, scale, expressive content, and real versus virtual.
- 2.3 – Assemble and display objects or works of art as a part of a public exhibition.

Aesthetic Valuing

- 4.1 – Describe the relationship involving the art maker (artist), the making (process), the artwork (product), and the viewer.

Connections, Relationships, Applications

- 5.0 – Students learn about careers in and related to the visual arts, and other areas of art forms.

RESOURCES:

Jo-Ann Fabric and Craft Store, Point Loma
Museum of Photographic Arts, San Diego, CA
Museum of Art, San Diego, CA

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